

DIGITAL CITIZENSHIP

YOUR DIGITAL REPUTATION – WHO ARE YOU ONLINE? It's YOUR choice. Ask yourself...

Am I treating others with respect? Am I using the internet with good intentions?

Am I respecting the privacy and reputation of others?

Online Ethics:

being in accordance with the rules or standards for right conduct or practice online

honest

fair

good morals



honorable

respectful

truthful

GUILTY?

Using technology to harass, embarrass, hurt or threaten others?

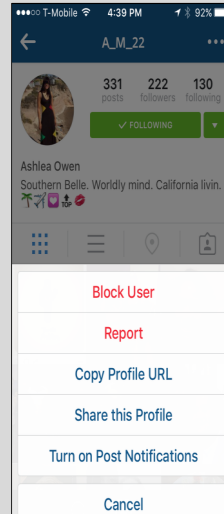
Using the Internet to do your homework, test, and other ways of cheating?

Plagiarism: the practice of taking someone else's work or ideas and passing them off as you own?

Pirating: the illegal copying, distribution, or use of software?

Unfollow, block, and report other users.

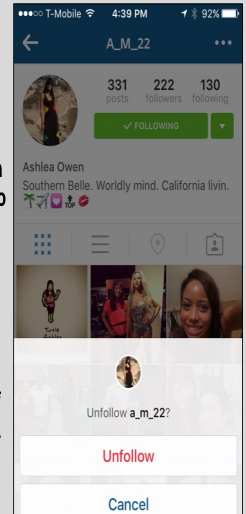
Be an Upstander!



I will speak up and help those in need!

I will use social media only for good and keep destructive remarks and gossip to myself!

I will treat a target of bullying with respect and kindness!



What feels good about hurting someone?

Cyber bullies hiding behind a computer screen are usually:

- Selfish
- Jealous
- Scared
- Cowards
- Seeking attention

And more likely to:

- ✓ Participate in fighting
- ✓ Steal & vandalize property
- ✓ Drink alcohol, smoke or take drugs
- ✓ Report poor grades

Don't give them the attention they seek!

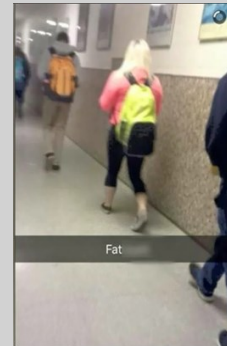
WHAT ABOUT ME?

The "NO HELP" attitude

- I don't cyber bully
- I don't get bullied online
- This doesn't affect me
- Who cares, whatever
- They just need to get over it
- They can figure it out
- Why me - what can I do?

TO HELP
OR
NOT TO HELP...

THAT IS THE
QUESTION!



The "HELP" attitude

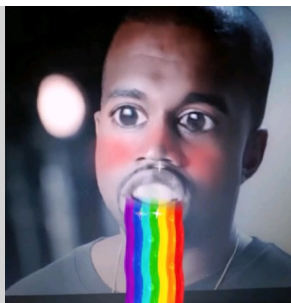
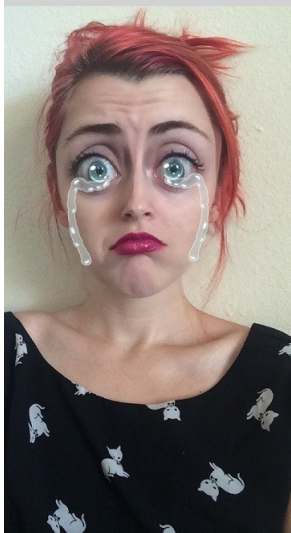
- Take it seriously
- Ask what you can do
- Find a trusted adult
- Saying "stop" publicly
- Don't help the bully by:
 - LOL
 - " _ "
 - Forwarding
- Report to police if necessary

If anyone threatens you or you feel you are in immediate danger contact local police.



CYBERBULLYING

Most "...of what's going on for kids online is cool, energizing and creative and opens them up to new ideas, worlds and all kinds of things." *



FACTS

Over **50%** of teens have been harassed online
You're not alone
 The majority of cyberbullying attacks go unreported
Ask friends if it is happening to them
70% of teens use social media to just have fun and catch up with friends
It's not all bad out there

*Source: Kris Verjoo and Joel Meyers, co-directors of the Center for School Safety, School Climate and Classroom Management



**STAY POSITIVE!
 DON'T LET OTHERS TELL YOU WHO YOU ARE!**

Who are you online?

Are you appropriate?
 Could what you're posting attract the wrong kind of people?
 Are you ok with anyone seeing what you're doing?

It's YOUR choice...

Be an Upstander!

upstander (uhp'stān'dər), n. a person who takes action, particularly when the easiest or most acceptable course is to do nothing.



**EVERYONE DESERVES RESPECT!
 NO ONE DESERVES TO BE CYBERBULLIED!
 TALK TO A TRUSTED ADULT IF THIS IS HAPPENING TO YOU!**

What are you sharing online?

- Posts?
- Videos?
- Texts?
- Pics?
- Comments?
- Likes?

TIPS FROM TEENS

"I learned that no matter what was said about me, and no matter how much the words hurt, I needed to remind myself that the words held no truth."

"It's better to ignore the individual(s) who are sending harassing texts...messages and...posts, rather than trying to explain or defend yourself."

"It was eventually necessary to delete my entire...account, which was unfortunate at the time. If you asked me today, I would say this is one of the best decisions I made."

"I became quickly aware that I couldn't fight my cyberbullies alone, and that I needed to get help from those I trusted."

"I learned who my real friends were overnight, and I learned not to trust those who were only out to spread more gossip and drama."

www.nobullchallenge.org